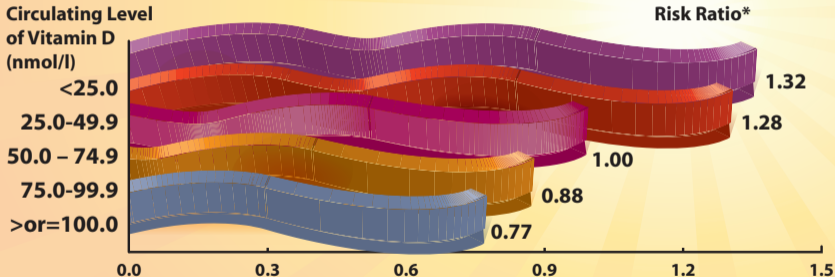


Vitamin D and Risk of Colorectal Cancer

A recent study has found that higher concentrations of circulating vitamin D reduce the risk of colorectal cancer by as much as 40 percent:



* Using 50.0-74.9 nmol/l as a reference point (1.00).

SOURCE: Jenab M, et al. Association between pre-diagnostic circulating vitamin D concentration and risk of colorectal cancer in European populations: a nested case-control study. *BMJ*, Jan 21, 2010;340.