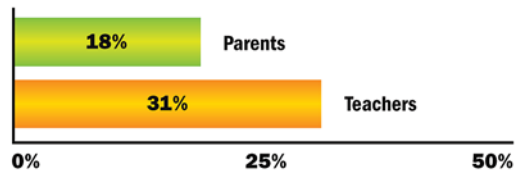


Time for a Lesson on Proper Nutrition

According to a recent study, a depressingly low percentage of parents and teachers believe schools devote adequate attention to student nutrition. As a doctor of chiropractic, you can take the lead in educating children and their parents about the importance of sound nutrition – not only during school hours, but also throughout the day.

% who believe schools adequately address student nutrition



SOURCE: Kubik MY, Lytle LA, Story M. Soft drinks, candy and fast food: what parents and teachers think about the middle school food environment. *J Am Diet Assoc*, February 2005;105(2):233-9.